


*Announcing...*

## The Individualized Funding Coalition for Ontario New Podcast Series 'This is my Life'



**Listener's Comments:**

- ☐ Inspired to experience what it takes to really listen, know and understand what Russell wanted through his brother.
- ☐ Stories put the wind back in our sails.
- ☐ We can't function without funding. Without funding we are in survival mode. If you are in survival mode, self-care just falls away, we need to hear this.
- ☐ To hear his brother say I want my brother to be unapologetic about who he is. I've always had to apologize for who I am, for what I do, for the way I am. It's like, stop apologizing.
- ☐ The importance of leading with our heart.
- ☐ Be patient. Be authentic. Live your life and good things can and will come from it.

**Our first episode 'Reclaiming Adult Roles After the Pandemic' is now streaming on...**

**Apple Podcasts and Spotify, search under:  
*'This is my Life' Podcast Series***

**This Podcast Series is hosted by the Individualized Funding Coalition for Ontario (IFCO). We are a coalition of people with disabilities, their families, and trusted others as well as allies working together to ensure that individualized funding approaches in Ontario, support people to create a meaningful life in their community. The stories in this series showcase the many ways that people's lives have been broadened and deepened by having the support of both individualized funding and independent facilitation in their life. Find out more by going to our website at <https://individualizedfunding.ca/> and exploring.**